

# FOREWORD

When Pat Blocker asked me to write the foreword for her latest book, my left paw went up and I spun in place three times.

Well, not really. But those things would've happened if I were my dog. And that's my point! After all these decades of loving, adoring, and holding my 'four-pawed wonders' as dear as any human child, Pat Blocker has finally taught me how to speak Dog.

Let me ask you something ... How many times have you looked into the unconditionally loving eyes of your pooch and said "I just wish you could tell me how you feel?" For me that number is far too high to count.

This has been especially challenging for me as both my dogs are rescues. Their histories are mysteries. When they exhibit anxious behavior I used to have no idea if it was their unknown past influencing them or something in the here and now. This caused me great sadness and worry. I found myself constantly wishing I knew what they were trying to tell me.

Well, not any more! By writing *Letting in the dog*, Pat Blocker has applied her decades of experience to crack the canine code, and make speaking Dog simple for both you and me.

While I firmly believe that every puppy comes into this world instinctively knowing the two words for 'treat' and 'walk,' it turns out that the language of Dog is actually totally different from what most people imagine it is. Naturally, you'd think that, as a world-renowned psychic, this point would've been obvious to me. But for years I have just chatted away to my dogs, presuming that they were slowly figuring out what my words meant.

And, to an extent, they were. Our canine companions are quite brilliant – and yes – they do figure out certain words. But the truth is that they communicate in a completely different way. They understand us far more than we understand them.

But it doesn't have to be that way!

*Letting in the dog* is the super secret codebook to the language of Dog that you've always dreamed of having. Brilliant, funny, charming, and heart-opening, Pat Blocker has written the universal translator for having an open and loving dialogue with your best friend.

I started this foreword by saying that Ms Blocker's request caused me to raise my left paw and spin in place three times. Well, that's an inside dog joke, but you can be in on the joke as well! By reading this book you will discover that those two behaviors represent excitement but also nervousness. With Ms Blocker's guidance, you will learn how to 'listen to your eyes and hear what you see,' because that's how dogs communicate.

## Letting in the dog

Of course, this is hardly the first book on understanding canine behavior. But what makes *Letting in the dog* different from those other books is that it represents the magical space where the science of dog training and the spirituality of animal communication come together.

Full of heart, humor, and wisdom, *Letting in the dog* is an 'honest to dog' page-turner for anyone wanting a closer relationship with their pooch. The connection I have with my 'fur-babies' has been expanded beyond my wildest dreams just by reading this book. I now look at my beloved pets and smile to myself because each action they display now means something. They are talking to each other, and because of this book, I am now in on the conversation.

Would you like to be in on the conversation, too? No problem. The ABC of the Language of Dog is right here in front of your eyes.



Courtesy Patrina Odette

Radleigh Valentine  
Spiritual teacher, psychic, and bestselling Hay House author of *Angel Tarot Cards*, *Animal Tarot Cards*, & *How to Be Your Own Genie*

## Canine communication: it's both intellectual and intuitive



*IT IS QUITE POSSIBLE THAT AN ANIMAL HAS SPOKEN TO ME AND THAT I DIDN'T CATCH  
THE REMARK BECAUSE I WASN'T PAYING ATTENTION*

*E B White, Charlotte's Web*

I always like to say, 'Depend more on your relationship with your dog than you do on your equipment,' which means engage with dogs in the training process rather than depend on leashes and collars (especially corrective collars) or wish for a magic pill to solve a problem.

There are some situations that training can't resolve, and in these cases, we should not automatically blame the dog and place unrealistic expectations on him, but need to get creative with our solutions. I once met a man who wanted to leave his mail-eating dog muzzled all day. I suggested that he install a mailbox on the front porch instead of having the letter carrier drop the mail through the mail

## Open the door; let in the dog



*THE PROCESS OF COMMUNICATION CAN BE BEAUTIFUL, IF WE SEE IT IN TERMS OF SIMPLICITY AND PRECISION. EVERY PAUSE MADE IN THE PROCESS OF SPEAKING BECOMES A KIND OF PUNCTUATION. SPEAK, ALLOW SPACE, SPEAK, ALLOW SPACE. IT DOES NOT HAVE TO BE A FORMAL AND SOLEMN OCCASION, BUT IT IS BEAUTIFUL THAT YOU ARE NOT RUSHING*

*Chögyam Trungpa*

We cannot let in the dog without opening the door to our hearts, and we must open the door wide. Our hearts are big enough if we simply remember to listen.

Several years ago I had some remodeling done in my home. The work included the replacement of my back door, which my dogs use to get to the back yard. I was considering whether or not to have the contractor install a dog door. Since my dogs are so big, I asked if he could just place the hinges at the top of the new door instead of on the side, thus making a giant dog door. I already had a perfectly good door, but I needed to figure out how to make it open wide and always be accessible.

## Coming attractions and canine lightworkers



*I USED TO LOOK AT (MY DOG) SMOKEY AND THINK, "IF YOU WERE A LITTLE SMARTER YOU COULD TELL ME WHAT YOU WERE THINKING," AND HE'D LOOK AT ME LIKE HE WAS SAYING, "IF YOU WERE A LITTLE SMARTER, I WOULDN'T HAVE TO"*

*Fred Junglaus*

Consider. What we think about is what we become. We tend to take life too seriously too often. I say we lighten up and loosen the leash on both ends.

Perhaps, if we look closely, we'll find that dogs hold the secret to living a happy and peaceful life. They can walk with us as canine lightworkers illuminating the path where both dog and human find peace. Dogs can serve as guides who gently take the lead and show us the way to our true spirits.

We are attracted to dogs because they are so similar to us - evolution has brought us together because like attracts like. it's a fine example of the law of attraction at work: the belief that focusing on positive or negative thoughts