

The other dinosaurs could chat and play all day. For them, it was easy ...

A long, long time ago a dinosaur called Alice lived in the middle of a forest. She was an Aspiesaurus, which made her very special. No-one else was quite like Alice.

But Alice was shy and found this hard to do.



Busy places scared Alice. There was so much to take in. Noise hurt her ears and light and colour confused her.



"I just want to be at home!" she wailed.  
Home felt calm and safe.

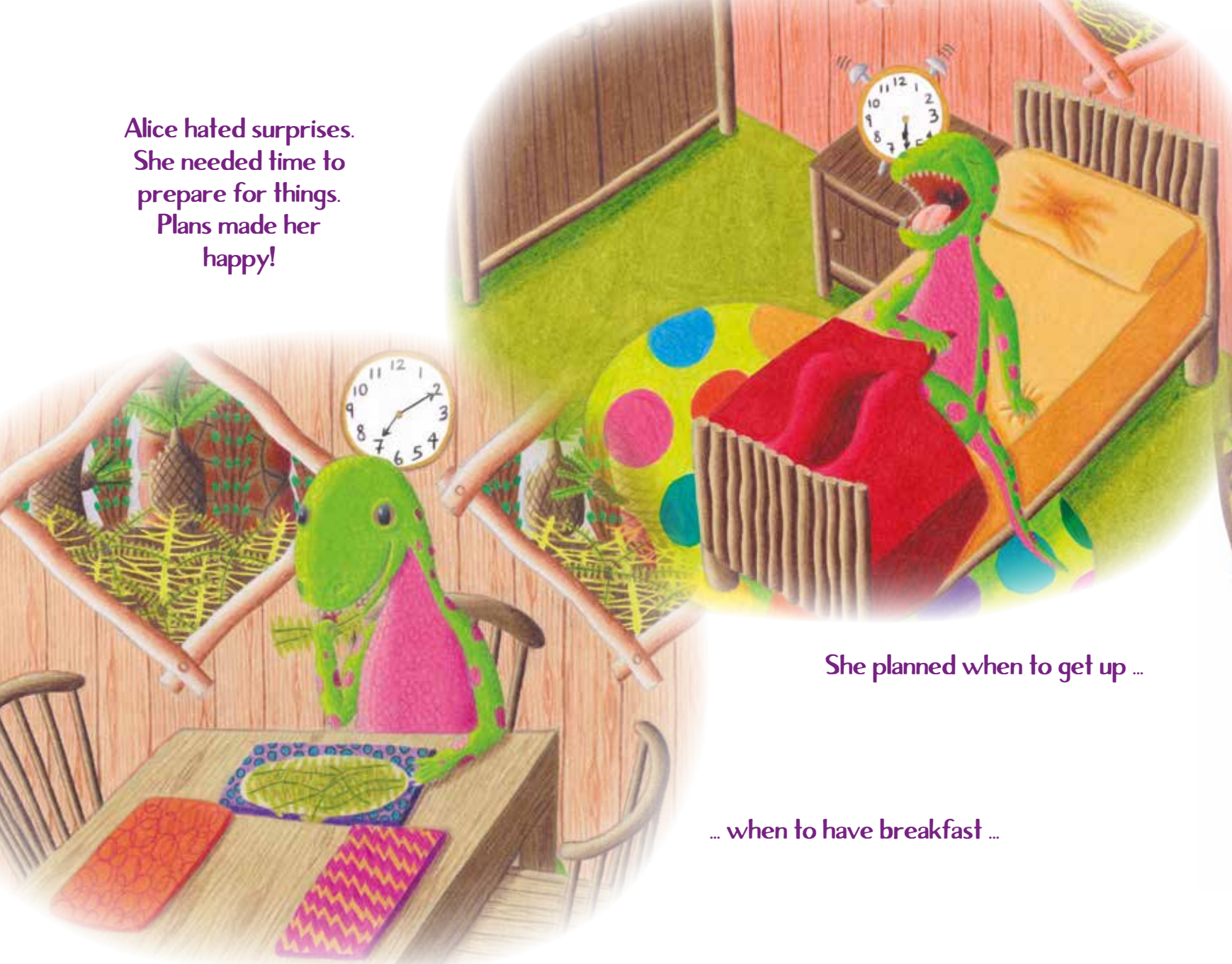
"Don't touch me!" cried Alice, if someone reached out to her.



She didn't like to be crowded. Alice needed space around her to feel safe.



Alice hated surprises.  
She needed time to  
prepare for things.  
Plans made her  
happy!



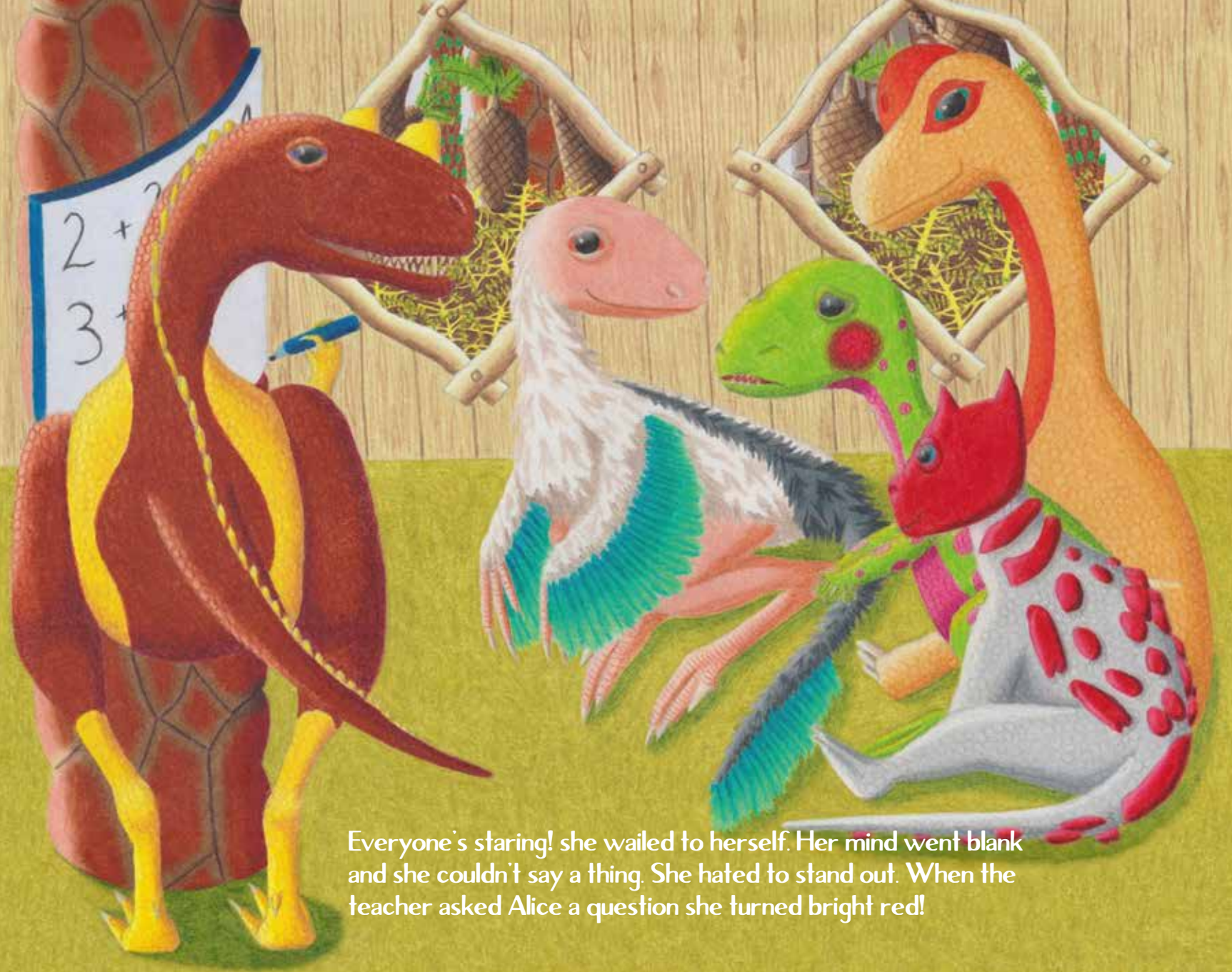
She planned when to get up ...

... when to have breakfast ...

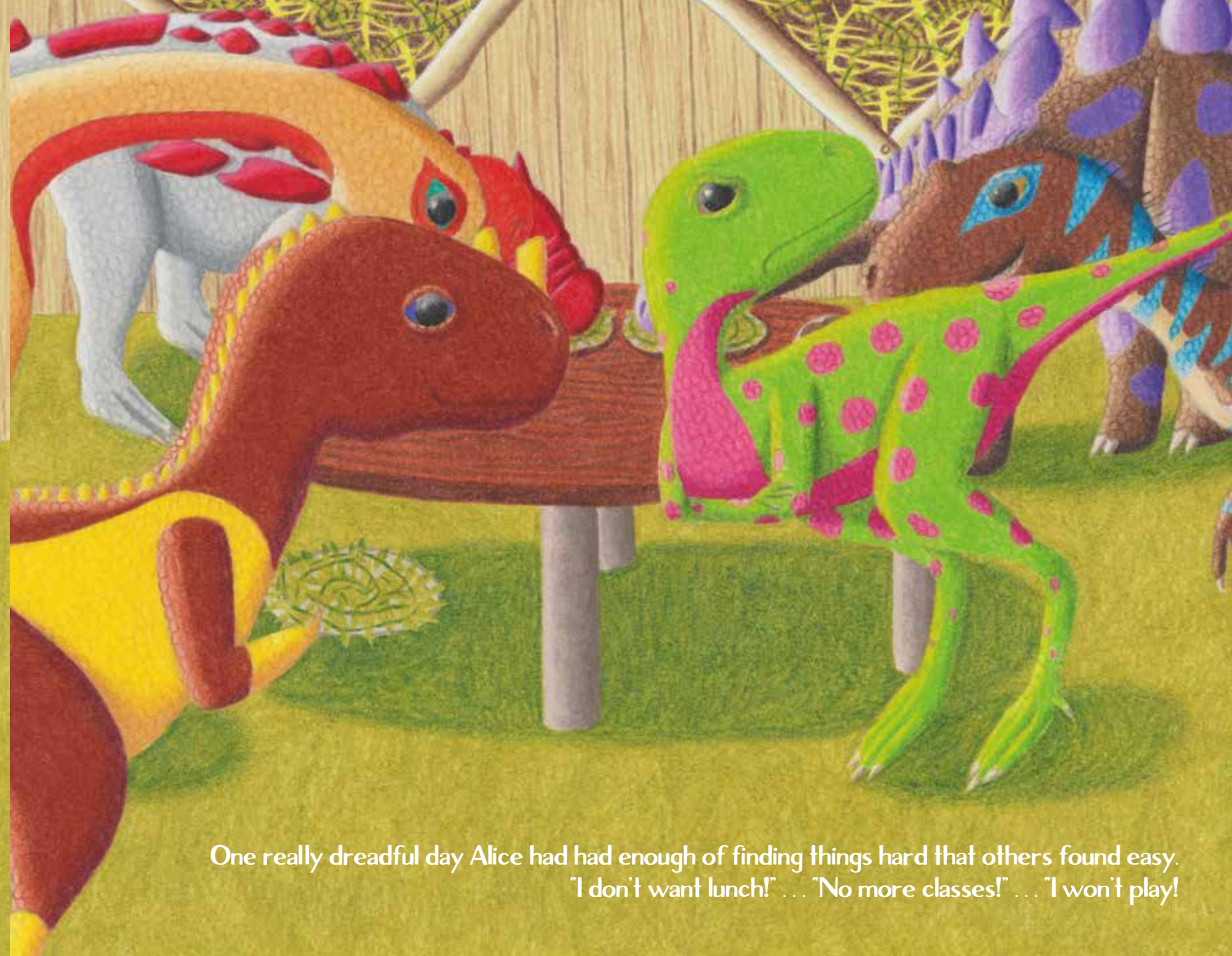


... and when to go to school





Everyone's staring! she wailed to herself. Her mind went blank and she couldn't say a thing. She hated to stand out. When the teacher asked Alice a question she turned bright red!



One really dreadful day Alice had had enough of finding things hard that others found easy. "I don't want lunch!" ... "No more classes!" ... "I won't play!"